



I sleep like a baby, safe and sound.

I live worry free in my quiet
home of peace.

SLEEP

Sleep Bible Verses (changed to first person).

Read this page out loud because there is power in your words. This alerts your angels to have direction.

Psalm 91:11-12 God sends angels with special orders to protect me wherever I go, defending me from all harm. If I walk into a trap, they'll be there for me.

Psalm 103:20 So bless the Lord, all His messengers of power, for you are His mighty heroes who listen intently to the voice of His Word to do it.

Psalm 4:8 Now, because of You, Lord, I will lie down in peace and sleep comes at once, for no matter what happens, I will live unafraid!

Proverbs 3:24 I sleep like a baby, safe and sound— my rest will be sweet and secure.

Psalm 3:3-5 But in the depths of my heart I truly know that you, Yahweh, have become my Shield; You take me and surround me with Yourself. Your glory covers me continually. You lift high my head. ⁴ I have cried out to you, Yahweh, from your holy presence. You send me a Father's help. Pause in His presence. ⁵ So now I'll lie down and sleep like a baby— then I'll awake in safety, for you surround me with your glory.

Isaiah 32:18 I live free from worry in my secure, quiet home of peace.

Jeremiah 31:26 At this, I woke up and looked around. My sleep had been very sweet.

Sample Prayer: Jesus I trust You. I ask that You take over my body and soul while I sleep in Your deep peace.

Thank You that I can rest in You. I receive Your shalom that breaks the chaos over my body soul and spirit. Body and soul: In Jesus name, I command you to rest now so that my youth can be renewed like the eagle (Ps 103: 5*).

Amen, so let it be. *Psalm 103:5 *You satisfy my every desire with good things. You've supercharged my life so that I soar again like a flying eagle in the sky!*